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fitness

Plus One's Global Access Platform (GAP) is the cutting edge in club and spa management technology.

This comprehensive package is a sophisticated membership management system that offers significant time and financial savings.

Plus One's extensive technology expertise has many advantages for our clients including:

The GAP Enrollment System

A comprehensive, proprietary system that manages a variety of functions including the fitness center to the general or specific population, inviting employees to enroll in the program, allowing employees to choose different program options, confirming individual profile information, authorizing payroll, completing Par Q and Waiver signoff, and scheduling employee evaluations online.

Management Advantages

Plus One's technology increases the efficiency of data collection and management, which decreases internal costs for IT development and support. It offers real time information for accurate membership and usage tracking and reduces time for the management of external fitness center memberships. The system provides extensive reporting related to facility usage, payroll deduction or membership fee collections, and health promotion data.

Employee Advantages

Your employees experience speedy sign up and response time. It also offers them access to their fitness information wherever and whenever they have Internet access.

TECHNOLOGY



Targeted Marketing Information

The enrollment delivers targeted marketing information that significantly impacts the fitness center memberships. It allows management to deliver custom marketing information about all fitness, wellness, and spa services.

System Setup

The Plus One IT department sets up and supports the entire GAP system, which helps ease the cost and time burden for your internal technical support department. Plus One provides the servers that host the GAP system so the fitness center can be completely self-sufficient.

Ongoing Enrollment and Annual Operation

The Plus One portal remains accessible at all times. Within the portal, members can get custom fitness workouts, interact with their very own fitness expert, update profile information, have access to the Better Letter newsletter, and get updates on the latest programs and services offered by the fitness center.