

Nestled in Atlanta's premiere fitness facility Peachtree Center Athletic Club lies a tranquil oasis, **Indulge Spa** offers an array of products and services to relax, refresh, and restore mind, body and spirit. We provide the perfect escape for a day of relaxation and renewal.

Nominated Best in City Search Atlanta 2007

HOW TO ENJOY THE ULTIMATE SPA EXPERIENCE

arrival

We recommend arriving 15 minutes prior to your treatment so that you may enjoy your entire experience. Arriving late may limit your treatment time so that our next guest is not delayed.

safety

When reserving your spa services please notify the spa receptionist if you have any medical conditions that may be affected by our services. Upon your arrival you will be asked to complete a client intake form.

comfort

We provide a cozy robe and slippers along with a private locker. Every step is taken to ensure discretion at all times. During your session your therapist uses professional draping techniques and only exposes the area to be worked.

graciously appreciated

Gratuities are not included in the service fee and may be given at your discretion. If you have enjoyed your services we recommend 15-20%.

quiet please

We request that cell phones and personal communication devices be turned off while in the spa so that you and our guests may enjoy a relaxing environment.

courtesy

If you must reschedule or cancel your services please notify us 24 hours prior to your scheduled appointment to avoid being charged the half value of your services. Spa packages require a 48 hours notice. A credit card number is required at the time of booking.

HOURS OF RELAXTION

Monday-Friday: 12:00 pm - 8:00 pm

Saturday: 12:00 pm - 6:00 pm

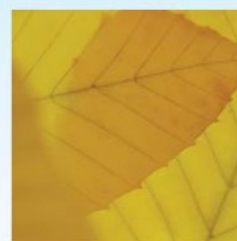
Sunday: 12:00 pm - 5:00 pm



PEACHTREE CENTER
ATHLETIC CLUB
POWERED BY PLUS ONE

**Indulge Spa at
Peachtree Center Athletic Club**
227 Courtland Street; 9th Floor
Atlanta, GA 30303
404-527-5443
www.peachtreeac.com

indulge
THE SPA
AT PEACHTREE CENTER ATHLETIC CLUB



MASSAGE THERAPY

Our therapists provide each guest with a massage that speaks to the needs of the individual. Whether you seek a soothing session or require a deeper touch, your therapist will tailor their technique and pressure in order to accommodate your needs.

\$50-30 minutes **\$65- 45 minutes**
\$80-60 minutes **\$115-90 minutes**

All services offered in 30 min, 60 min, 45 min, & 90 min sessions except where otherwise specified.

relax

Try Swedish massage designed to soothe your mind and spirit. Perfect for the first-time spa guest.

recharge- 80 minutes **\$130**

This ancient healing art uses warm stones and massage to melt away tension and stress. Recharge your being with this euphoric rhythmic massage.

rejuvenate **Add \$20**

Our therapists offer a variety of deep compressions and strokes on specific muscles to reduce discomfort and tightness to restore muscle elasticity and flexibility.

reflexation

This healing technique relieves stress, promotes relaxation, increases circulation and helps to balance the body by stimulating the pressure points on the feet.

\$50-30 minutes **\$40-30 minute add-on**
\$65-45 minutes **\$60-45 minute add-on**

restore

Why not try one of our indulgent massages in the comfort of your hotel room? **\$50 is charged in addition to fee for massage service.** Call the spa reservation desk to inquire about this wonderful experience.

BODY TREATMENTS

awaken **\$80-75 minutes**

Loaded with Vitamins A and E, shea butter, grapeseed, sunflower, and safflower oils, our skin softening scrub sloughs, smoothes, and hydrates in decadent fashion.

\$40-30 minute add-on to any massage service

SPA PACKAGES

refresh

Need to unwind but don't a lot of time then we invite to escape with our 30 minute express facial, 30 minute massage and manicure and pedicure. **\$166.50**

nirvana

Indulge in the unforgettable sensory experience with the ancient healing therapy of reflexology coupled with a 60 minute rejuvenating facial. **\$177**

decadent indulgence

Get ready to partake in the ultimate spa experience with 60 minute deep cleansing facial, 80 minute hot stone massage and manicure/pedicure combination. **\$275.82**



Prices subject to change. Spa packages include 18% gratuity.

SKIN CARE THERAPY

We address your skin care challenges with a luxurious, multi-sensory approach that reveals your skins' potential. After determining your skin care needs, your esthetician will create a customized for treatment specifically for your skin.

renew **\$55-30 minutes**

Perk up your skin with this quick mini facial. Includes deep cleaning, exfoliation and a customized mask.

refine **\$85-60 minutes**

A deep cleansing treatment incorporating natural enzymes to promote exfoliation, remove surface blackheads and encourage clear, vibrant skin.

radiance **\$85-60 minutes**

This treatment balances areas of uneven pigmentation from hormonal imbalance and sun damage by helping to regulate melanin production.

reveal **\$120-60 minutes**

Discover the new face of age control with innovative UltraLuxe technology that reduces fine lines and wrinkles, brightens skin tone, and smoothes your skin's texture. \$160 – 60m

NAIL THERAPY

spa manicure **\$25** **french add \$10**

Our hand and foot treatments include a soak, scrub and massage along with expert clipping, shaping, buffing, and polishing.

spa pedicure **\$40** **french add \$10**

Stimulate your senses with an intoxicating array of scents selected by you to create your personalized pedicure experience.

double happiness **\$60** **french add \$30**

Indulge in the ultimate manicure and pedicure combination. This unique treatment for the hands and feet uses gentle resurfacing to leave your hands feeling silky smooth and renewed.

hot stone pedicure **\$60**

The unique stone pedicure relaxes and restores inner peace and tranquility. A wonderful pampering experience.

the works **\$100**

Includes hot stone manicure & pedicure, paraffin treatment and choice of color or French.

acrylic nails full set **\$50** **fill-in \$25**

gel nails full set **\$60** **fill-in \$25**

polish change **\$15**

WAXING SERVICES

We offer a variety of waxing services available for men and women.

Brow-\$15	Back-\$40
Lip-\$10	Chest\$40
Chin-\$15	Bikini, standard-\$30
Face-\$35	Brazilian-\$60
Underarm-\$20	Half leg-\$30
Half arm-\$25	Full leg-\$55

